

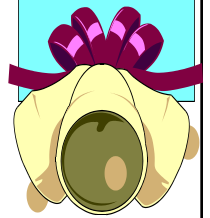


# THE GRINNELL BULLETIN BOARD

Grinnell Hall on line: [www.ci.beloit.wi.us](http://www.ci.beloit.wi.us) Fax Number 608 364-2876

January, February 2013

Phone 364-2875 VOL. 101



## FROM THE OFFICE JOHN KALKIRTZ, DIRECTOR

The Grinnell Holiday Extravaganza on Friday, December 7th was another success with over 150 in attendance! Special thanks to all those who shared their talents and volunteered their time to make this year's show one of the best ever! Also, special thanks to Gene Singletary who coordinated and was the master of ceremony for our gala holiday show. Video copies of the show are available.

Your financial support is very much appreciated at Grinnell Hall. Membership is only \$26 for 12 months and non-resident rates are only \$36. Beloit resident couples can sign up for \$36 and non-resident couples for \$51. The purpose of the dues is to help offset the Beloit Senior Center's \$100,000 plus operating costs. The total dues collected is only a fraction of the operating budget but does show support for the services and programs being offered at the Center through City tax dollars. All current dues paying members are eligible to attend free computer classes at the Center plus attend and/or participate in the Gala Grinnell Hall Holiday Extravaganza and Spring Hee Haw show at no charge. More free value services will be announced. Thanks again for your financial support which will enable the Beloit Senior Center to continue into 2013 and beyond!

### **Yum Yum! No-Bake Pumpkin Pie**

1 cup Cool Whip, 1 (3 3/4) box of vanilla instant pudding, 1 cup canned pumpkin, 2/3 cup of milk, 3/4 teaspoon pumpkin pie spice—put all ingredients in bowl and slowly mix with mixer until well blended—spoon into graham cracker pie crust and chill several hours—garnish with remaining cool whip.

## HAPPY BIRTHDAY

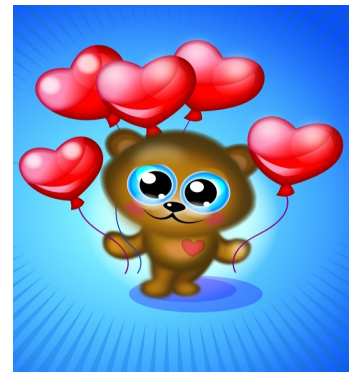
### January

John Powers 1/2  
Ron Patten 1/3  
Dorothy Larsen 1/6  
Gil Skogen 1/6  
Isabelle Lee 1/6  
Joyce Sciacca 1/6  
Gene Singletary 1/15  
Bess Bauer 1/16  
Dorothy Laskowski 1/22  
Diane Barnett 1/23



### February

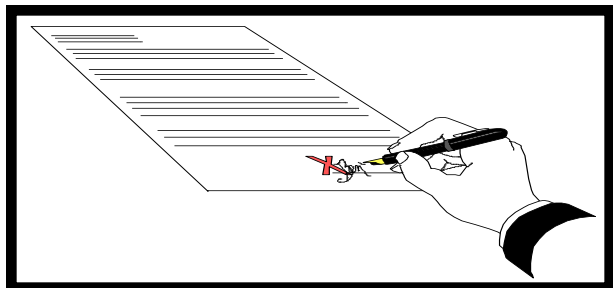
Bob Hopper 2/2  
Elizabeth Ruthe 2/6  
Mary Korbeck 2/14  
Sadee Dibble 2/15  
Clifford Bennett 2/16  
Madelyn Amrine 2/16  
Barbara Keller 2/19  
Ione VandenElzen 2/21  
Alice Brown 2/22  
Janet Kopp 2/23  
Betty Christiansen 2/25



***You can be on our birthday list too—just sign up on the list located on the Front Desk.***

**Note:** Grinnell Hall Diners Program has a new name! “Senior Chews and News!” In addition, the Center is the only meal site of the Rock County Nutrition Program in Beloit. For those 60 and over a donation of \$3.25 is requested. Reservations are to be made by noon the day before. Cindy Ross is the Grinnell Rock County Nutrition Coordinator.

## FREE TAX HELP!



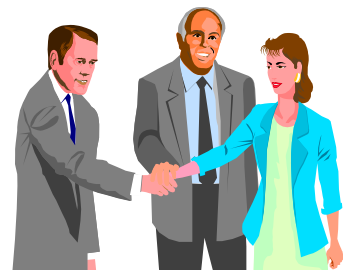
AARP (The American Association of Retired Persons) will offer free tax preparation at Grinnell Hall from February 1st thru April 10th. Appointments may be scheduled after January 21st. The tax appointment available days will be Monday, Tuesday, Wednesday from 8:30 a.m. to noon. To expedite processing, please remember to bring: 1) Last year's tax return information, 2) Proof of all income sources, 3) Property tax forms or Renter's 2012 landlord's signed form. All AARP tax preparers have to pass a Federally written test.

**Bake Sale/ Hot Chili Day**  
**Thursday– Feb. 14th**  
**at Grinnell Hall**  
**631 Bluff St., Beloit**  
**Main Dining Room**  
**while quantities last!**

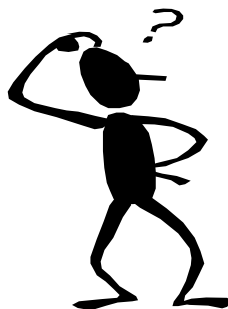
**REMINDER: Recycling bins and bus passes are for sale at Grinnell Hall**

### DO YOU HAVE QUESTIONS?

Just give us a call at 364-2875. Let us help you find the answers! Better yet! Stop on down and enjoy our coffee, tea & donuts PLUS local news & information!!!



### BAD WEATHER? Need a Ride?



The Rock County Specialized Transit Van Service can assist those who are handicapped or 55 and over to travel anywhere in Rock County. Call 757-5054 for a ride to the doctor's office, meal sites, library or other places in Rock County. Call to arrange your ride at least 24 hours in advance.

## THANK YOU!

We would like to thank all of our wonderful vendors who have helped make our Holiday a special time by donating various items. A SPECIAL THANK YOU to Bank Mutual, Culvers, Wildwood Theatre, and Beloit Parks & Leisure Service Division! HAPPINESS TO ALL THIS HOLIDAY SEASON!!

Note: Alice Kniskern-Grinnell Librarian- invites you to browse the Grinnell library and see the many new additions of books.



If you are looking for that special book call 364-2875.



## Delicious Meals

Come and join Cindy Ross, Grinnell Nutrition Coordinator, each Monday through Friday for a delicious meal served at Grinnell Hall in our beautiful main dining room. All meals are prepared by Best Events Catering. A wide variety of delicious seasonal meals are offered each month. Pick and choose that special meal which includes vegetarian delights, diabetic desserts, and low fat beverages. Give us a call at 364-2875 by noon each day to order the following day's meals. The cost is great! For those 60 and older a \$3.25 donation is requested. Bring a friend. All visitors are welcome! Those 60 and over, who come for the first time, are given a complimentary meal by Rock County Nutrition-**reservations required.**

## Free help for you!

Terri Pass, Rock County Benefit Specialist, will be at Grinnell Hall to assist those needing help in understanding their Medicare Part D, insurance forms, and complete the State of Wisconsin Senior Care Prescription applications. Terri is at the Center twice each month from 9:00 a.m. to noon. Bring your paper work with you. Terri will be happy to sort through it and find the answers. *Give her a call at 757-5414.*

*Terri will be doing the Wisconsin Homestead tax credits for those 60 and over and living in Rock County starting on Friday, Feb. 4th at Grinnell Hall by Appointment Only. Call 364-2875 for an appointment.*

### PUT THE SQUEEZE ON ENERGY COSTS

**The Energy Assistance Program can help you. Call 363-9200. No age restriction.**

## VOLUNTEERS WANTED!

We need your beautiful smile and warm greeting! Meet new people, make friends and spread the word about all the great activities offered through the Beloit Senior Center by making available to our visitors informational brochures, our newsletters and a wide variety of other educational material.

We are in search of greeters for our Foot Clinics, which is the third Wednesday and Thursday of the month from 1:00 –3:00 p.m.

If you would like to volunteer an hour or two, please sign up at the gift case. Time frames are weekdays from 8:00 a.m. until noon and from 1:00 p.m. until 3:00 p.m. Thank you for joining the Grinnell team! Volunteering is a great way to start 2013!

### THE REWARDS ARE PHENOMENAL!

## THANKS TO OUR RECENT FINANCIAL SUPPORTERS!

Betty Homer	Dolores Wolf	Sadie Dibble
Bill Chryst	Thomas O'Brien	Anne McKearn
H. Cox	Reita Brooks	Beulah Knutson
Alfie Kimpel	Donna M.Hanson	Richard Wensel
Gloria Fillion	Bill & Doris Reinert	Jean Beaumont
Amy Becker	June Althoff	Carol Oswald
Anna Roth	Josephine Schuett	Carol Seaton
James Ramsey	Cheryl Donovan	Judy Williamson
Margaret Carey	Bob Hopper	Everell Burns
Bonnie Longmier	Lorraine Brown	Barb Hopper
Carol Bachofen	Ron Monk	Jo Shafer
Jim & Carol Bartram	Phil White	Harry Nimm
Isabelle Lee	Richard Burkman	Kay Buchert
Mary Hutchins	Lawrence Heckle	Lynda Lynch
Gloria Meyer	Pat Devins	Gene & Ruth Singletary
Sharon Curry	Anne McKearn	Judy Williamson
Sadie Dibble	Everell Burns	

## Activity Announcements

### MONDAY

Pool tables games & instruction  
 Exercise class  
 Rubber Stamp Art  
 Goldenaires Chorus (resumes 2/4)  
 Bridge games  
 Free Back, Shoulder & Neck Massage by appt  
 Music  
 Senior Chews & News  
 Ladies pool playing  
 Bridge lessons with Isabelle Lee  
 Bridge  
 Jazzercise classes

### TUESDAY

Pool table games/ instruction & playing  
 Chess/Checkers/Scrabble  
 Writing Class 1/15,2/19  
 Beginning line dancing  
 Line dancing  
 Free Hearing Screening by Appt.1/8,2/12  
 Blood Sugar Testing 1/15, 2/19  
 Blood Pressure Clinic 1/15, 2/19  
 Music / Speaker  
 Senior Chews & News  
 Library Studies  
 Cribbage  
 Jazzercise

### WEDNESDAY

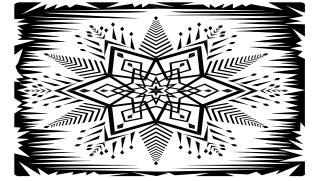
Pool Playing  
 Relaxation therapy  
 Easy Stretch Yoga  
 Senior Chews & News  
 Cards  
 Foot Clinic (by appointment) 1/16, 2/20  
 Dominos  
 Jazzercise  
 D.A.V. 1/26, 2/23

## Time

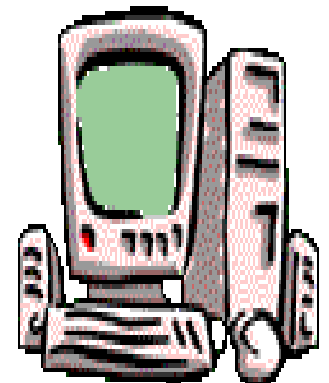
8:00 a.m.-11:30 a.m.  
 8:30 a.m.-9:30 a.m.  
 9:15 a.m.-11:00 a.m.  
 9:30 a.m.  
 9:30 a.m.  
 10:00 a.m.-11:00 a.m.  
 11:15a.m.-  
 11:00 am –noon  
 1:00 p.m.  
 1:00 p.m.  
 1:00 p.m.-4:00 p.m.  
 5:30p.m.

8:00 a.m.-11:30 a.m.  
 8:30 a.m.-noon  
 9:00 a.m.  
 9:00 am-9:30 am  
 9:30 a.m.-10:30 a.m.  
 10:00 a.m.-11:30 a.m.  
 10:30 a.m.-11:30 a.m.  
 10:30 a.m.,-11:30 a.m.  
 11:15 a.m.-Noon  
 11:15 am -Noon  
 1:00 p.m.  
 1:00 p.m.-  
 5:30p.m.

8:00 a.m.-11:30 a.m.  
 8:30 a.m.-9:30 a.m.  
 9:45a.m.-10:45 a.m.  
 12:30 a.m.-  
 11:00 a.m.- noon  
 1:00 a.m.-3:00 p.m.  
 1:00 p.m.  
 5:30 p.m.  
 7:30 p.m.



**Note: At Home  
 Healthcare  
 Foot Clinic at  
 Grinnell Hall  
 SERVICE FEE  
 INCREASE  
 as of Jan 1,  
 2013 from \$12  
 to \$15.**



## Activity Announcements

### THURSDAY

Pool table games and instruction  
 Benefit Specialist 1/3,10,17,24,31, 2/7,14,21,28  
 Scrabble/chess/checkers  
 Grinnell Board Meeting 1/3, 2/7  
 Dietician -be announced  
 Free Eye Clinic (by appointment)  
 Organ Music  
 Wood Carving Class  
 Bake Sale./ Hot Chili Day Feb. 14th  
 Computer Class  
 Senior Chews & News  
 Cards  
 Birthday Party and Bingo 1/24,2/28  
 Foot Clinic (by appointment) 1/17 ,2/21  
 Jazzercise

### FRIDAY

Pool instruction  
 Library Studies  
 Benefit Specialist Homestead taxes only by appt.  
 T'ai Chi exercises  
 Miracle Ear hearing testing call 362-8889 for appt.  
 Line Dancing with the " Raisinettes"  
 Computer Class (by registration)  
 Senior Chews & News  
 Cards  
 Movies  
 Winterfest Bingo Jan 25th—all ages welcome!  
 Bridge Marathon 1/4, 2/1

### SATURDAY

Jazzercise

#### COMPUTER CLASSES

EACH Thursday from 10:00 a.m. -11:30 a.m. The cost is only \$5 for each class. These computer classes are FREE with membership..



We are listening to your comments for improved services and additional activities at the center.



A suggestion box is located in the Grinnell main entryway.

## Time

8:00 a.m.  
 9:00 a.m.-noon  
 8:30 a.m.-11:30 a.m.  
 9:00 a.m.  
 9:00 a.m.  
 9:00 11:30 a.m.-noon  
 9:00-11:00 a.m.  
 9:30  
 9:30 a.m.-noon  
 10:00 .-11:30 a.m.  
 11:15 am –noon  
 12:30 pm.-  
 1:30 p.m.  
 1:00 a.m.-3:00 p.m.  
 5:30 p.m.



8:00 a.m.-11:30 a.m.  
 8:00 a.m.- 11:30 a.m.  
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 9:00 a.m.-noon  
 9:30 a.m.-10:00 a.m.  
 10:00 a.m.-11:30 a.m.  
 11:15 am -noon  
 12:30 pm  
 1:00 p.m.-  
 1:00 p.m.-  
 1:00 p.m.-4:00 p.m.



8:30 a.m.

### The Beloit Chore Service

office is open at Grinnell Hall , Monday through Friday from 10:00 a.m. to 2:00 p.m. assisting area Beloit seniors with snow shoveling, house cleaning, and fix up projects around the apartment or home. All those needing more information about the Beloit Chore Service call Judy Haberman at **365-5670.**



# GRINNELL PROGRAM VOLUNTEERS

## BOARD OF DIRECTORS:

Pat Devins, Terri DeFauw, Bob Garner, Skip Gleasman, Yoshiko Glos, Bob Harlow, Bob Hopper, Karen Nelson, Bob Sager

**HOSTESS CHAIRPERSON:** Volunteer Needed

**LIBRARIAN:** Alice Kniskern

**POOL TABLE INSTRUCTION:** Jim Meyer

**EXERCISE & T'AI CHI:** Yoshiko Glos

**DONATED FOOD DELIVERY:** Jim Meyer

**RUBBER STAMP ART:** Donna Hemmerling

**WRITING CLASS:** Kay Jones

**WOOD CARVING:** Donna Kjendlie

**BELOIT CHORE SERVICE:** Judy Haberman

**LINE DANCING:** Peggy Wellnitz

**Wii Game by Nintendo:** Pat Devins, Delores Bowman, Cecilia Blackwell

**YOGA:** Roselyne Ackley

**MASSAGES:** Kathy Pann, Jessica Hernandez

**COMPUTERS:** Beth Bausman, Bob Sager

**QUILTING CLASS:** Liz Peters

## ARDS:

**BRIDGE INSTRUCTION:** Isabelle Lee

**CRIBBAGE:** Jo Shafer

**BIRTHDAY PARTY/BINGO:** Terri DeFauw, Karen Nelson and Starr Rook

**GIFT CASE:** Marge McMullin, Terri DeFauw, Bobbie Pann, Mary Bell

**DANCE COMMITTEE:** Fran Clark, Donna Nelson

**GOLDENAIRES CHORUS:** Eugene Singletary

**SUNSHINE CHAIRPERSON:** Pat Devins

**COMPUTER:** , Beth Bausman, Clarence Furset, Bob Sager

**SENIORS CHEWS AN NEWS:** Cindy Ross & Volunteers

**OFFICE VOLUNTEERS:** Geri Alt, Pat Devins, Karen White, Pat Sandell, Carol Logan, Bob Sager, Bobbie Pann , Gloria Meyer

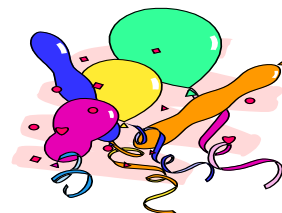
**HEARING SCREENING:** Dr. Shayla Smith

**WALKING & TAI CHI:** Yoshiko Glos



City of Beloit  
Beloit Senior Center  
631 Bluff Street  
Beloit, WI 53511

# Happy NEW YEAR! 2013!





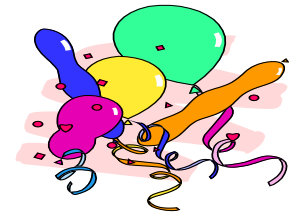
**City Of Beloit**  
**BELOIT SENIORS**  
**CENTER**  
**631 BLUFF STREET**  
**BELOIT, WI 53511**

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# Happy New Year! 2009



## **GRINNELL PROGRAM VOLUNTEERS**

### **BOARD OF DIRECTORS:**

Lucille Alton, Celilia Blackwell, Delores Bowman, Pat Devins, Bob Garner, Bob Harlow, Yoshiko Glos, Alice Matchett, Pat Tilton

**HOSTESS CHAIRPERSON:** Alice Matchett

**HAND CRAFTS:** Coordinator wanted

**LIBRARIAN:** Volunteer wanted

**POOL TABLE INSTRUCTION:** Jim Meyer

**EXERCISE & T'AI CHI:** Yoshiko Glos

**FOOD DELIVERY:** Alan Wilson

**RUBBER STAMP ART:** Donna Hemmerling

**CLOGGING:** Phyllis Crandall

**BUNCO:** Mary Lou Shaw

**BELOIT CHORE SERVICE:** Betty Clark

**LINE DANCING:** Peggy Wellnitz

**Wii GAME by Nintendo!** Pat Tilton, Pat Devins, Delores Bowman

### **CARDS:**

**BRIDGE INSTRUCTION:** Isabelle Lee

**CRIBBAGE:** Jo Shafer, Grace Phillips

**EUCHRE:** Volunteer needed

**BIRTHDAY PARTY/BINGO:** Rosella & Clifford Bennett

**GIFT CASE:** Marge McMullin, Mary Bell

**DANCE COMMITTEE:** Fran Clark, Donna Nelson

**GOLDENAIRES CHORUS:** Eugene Singletary

**SUNSHINE CHAIRPERSON:** Carol Logan

**COMPUTER:** Terri McDevitt & Clarence Furset, Carol Logan

**CAFE' MORE':** Pat Tilton & Volunteers

**OFFICE VOLUNTEERS:** Cecelia Blackwell, Mary Ellen Kleinsmith, Pat Devins, Pat Sandall, Carol Logan

**HORTICULTURIST:** Mary Lou Shaw

