# **Recreation News**

### September 2015



## **Beloit Dirty Dash Made a Splash!**

Bigger and Better...that is the plan for the 2016 Beloit Dirty Dash after an overwhelming support of this first time event. Youth ages 5-18 came from all over the area to participate in our challenging, yet fun, muddy obstacle course.

Thank you to the participants, families, 60 volunteers and several local sponsors that made this event possible. We shattered our goal of 150 participants by more than double!

#### **Fall Leagues**

As summer winds down, there are plenty of fall and winter leagues on the horizon! Call today for more information, 608-364-2890 x3

Adult Fall Softball- Deadline Extended! Register by Friday, September 11th (play begins the week of the 14th) Team Fee \$180

Family Fun Leagues- Wiffleball and Kickball League Registration due by Wednesday, September 9th (play begins the week of the 14th)

Wiffle Team Fee \$60, Kickball \$125, or both and save \$25!

Adult Volleyball Leagues- Back with a bang! Packets will be available mid September. Coed, Women's and Men's leagues offered Monday-Thursday nights October 19-March. Team Fee \$190





### Join us for Jazzercise at Grinnell Hall!

Mon-Thu 5:50 pm, Sat 8:30 am

New Classes (As of 9/8/15) Mon & Wed at 4:30pm, Mon-Thu 5:45pm, Sat 8:30am

Jazzercise is a pulse-pounding, beat-pumping fitness program that gets you results...FAST!! It's a high intensity dance party that fuses cardio, strength, pilates, hip hop, yoga and kickboxing. Burn up to 800 calories in any of our 60 minute classes. We have a variety of classes to challenge you - Strike, Interval, Fusion, Core, Strength and Dance Mixx.

Grand RE-OPENING- Sunday, Sept. 20 at 1-3pm FREE dance party class 1:30pm, Refreshments & Prizes

Jazzercise Open House Week Sept. 20-26 FREE classes all week!

New Student Special: \$39/1 month trial membership OR \$99/3 month trial (Valid for new customers or former customers who have not attended 6 months or longer. Other restrictions may apply). For more information: 608.436.2767 or email: jazzwithbeth@outlook.com www.jazzercise.com or Facebook: JazzerciseBeloit

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