FOR IMMEDIATE RELEASE

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## **CarFit Event Coming to Beloit**

Grinnell Hall and AARP will partner to bring CarFit to Beloit, at the Rotary River Center, 1160 Riverside Drive Beloit on **Thursday, July 13 from 10:00 a.m.—2:00 p.m.** At a CarFit event, trained volunteers complete a 12 point checklist with each driver. Among the items checked are correct position of the driver's seat, driver's ability to easily reach the pedals, and proper adjustment of the mirror. Occupational Therapists are on hand also to provide consultation, if needed. As we age, changes in our vision, flexibility, strength, range of motion and even size and height make us less comfortable in our car and reduce our control behind the wheel. *CarFit* provides older adults with tools to understand and apply the safety features of their car. To sign up for your complimentary evaluation, call Grinnell at 608-364-2875.

## **Volunteers Needed for July 13 Event**

We are searching for eight customer friendly individuals who would be interested in helping out at the **CarFit** program we are holding on July 13. The event will be held at the Rotary River Center and it will run from 10:00 a.m. - 2:00 p.m. (possibly a little longer if there is a large response).

The volunteers will go through a short training that morning from 8:00 a.m.—10:00 a.m. at Rotary Center. You will be trained by Doug Anderson, AARP volunteer coordinator. If you are an active individual who likes to work with people and is customer friendly, please consider volunteering. There is no heavy lifting. For more information, call Paula at Grinnell, 60-364-2875.