

Sheriff Troy J. Knudson ROCK COUNTY SHERIFF'S OFFICE



Barbara J. Tillman, Chief Deputy

Erik D. Chellevold Commander, Law Enforcement Services Craig L. Strouse Commander, Correctional Services

Rock County Prepares: High Temperatures and Heat Indices Cooling Centers Announced

For Immediate Release

Date: 07/15/2019

Contact Person

Sergeant Kohler (608) 758-8440

The National Weather Service is forecasting a significantly warm and humid week ahead for Wisconsin. The <u>heat index</u> is expected to rise into the 90s and could possibly rise above 100 degrees on Thursday and Friday.

With the dangers posed by the forecasted temperatures and heat indices, the Rock County Sheriff's Office and the Department of Public Health urge citizens to take extra precautions this week against the heat. Heat is one of the leading causes of weather-related deaths in Wisconsin. Those most at risk are children, older adults and those living with chronic physical or mental health conditions.

Heat Exhaustion & Heat Stroke

General heat exhaustion symptoms include fainting, rash, fatigue and nausea. Skin can become clammy and moist, or hot and dry. Heat stroke can come on rapidly and may progress to life-threatening illness within minutes. If heat-related symptoms appear, action should be taken immediately to reduce body temperature. This includes taking a cool shower, bath or sponge bath. Wearing wet clothing also has a cooling effect.

Critical Guidelines for Heat Safety

- Never leave individuals or pets in parked vehicles. Temperatures become life-threatening within just minutes. 80 degrees outside can become 100 degrees within a vehicle in less than ten minutes, even with a window cracked open.
- Drink a lot of water! Avoid excessive amounts of caffeine and alcohol or heavy meals.
- Wear loose fitting, lightweight, light colored clothing. Dark colors absorb the sun's rays. Cover your head with a hat and always wear sunscreen outdoors.
- <u>Take frequent breaks from outdoor activity.</u> Plan outings early in the morning or in the evening when temperatures are cooler.
- Check on family, friends and elderly. They are most vulnerable to heat.
- Check on your pets more frequently and keep fresh, cold water available at all times.
- **Keep living areas as cool as possible.** Cover windows to minimize sunlight into the area and utilize basement and ground level floors as they are generally cooler.
- <u>Utilize the available Cooling Centers</u> in your area if you do not have access to air condition during the day.

200 East U.S. Highway 14

Janesville, WI 53545

Phone: 608-757-8000 Fax: 608-757-7997



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Protecting Pets and Livestock

- Make sure all pets and livestock have access to cool, clean water and shade.
- If you can, bring pets into areas where there is air conditioning.
- Try to provide plenty of shade for all animals pastured outside.

ATTACHMENT: 2019 COOLING CENTERS & SHELTERS IN ROCK COUNTY

- Strictly limit exercising your pet to early morning or late evening hours when it is cooler.
- Warning signs of heatstroke in animals include heavy panting, glazed eyes, and excessive thirst. Seek veterinary assistance immediately.

Cooling Centers

Citizens who do not have access to air conditioning in their homes are encouraged to seek out air conditioned facilities such as public buildings, malls, libraries or senior centers, or stay with family or neighbors who have air conditioning. Several cooling centers are welcoming citizens to find relief if needed during their normal business hours.

Organizations and businesses that serve as Cooling Centers serve the community as air-conditioned facilities where citizens can get out of the heat and "cool off". Citizens are responsible for their own belongings, water and nourishment. Cooling Centers are not over-night shelters. Citizens requiring overnight sheltering should contact local shelters for services.

Businesses and organizations that would like to serve the community as Cooling Centers are encouraged to contact Emergency Management at 608-758-8403. Your service is greatly appreciated!

For more information on heat awareness and safety, please visit https://www.ready.gov/heat and https://www.dhs.wisconsin.gov/climate/weather/heat.htm.

Troy J. Knudson **SHERIFF**

By: Sergeant Kohler #11519

200 East U.S. Highway 14 Janesville, WI 53545 Phone: 608-757-8000 Fax: 608-757-7997

2019 Rock County Cooling Centers

Cooling Centers are "air-conditioned facilities where citizens can get out of the heat and cool out during hot days.

Citizens are responsible for their own beloingings, water and food. Cooling centers are not over-night shelters. Those requiring over-night sheltering should contact local shelters for services.

| BELOIT | | | | | |
|-------------------------------|--------------------|--------------------|--------------|--|--|
| Location | Hours of | Hours of Operation | | | |
| BELOIT GRINNELL SENIOR CENTER | Monday - Friday | 7:30 am - 4:00 pm | 608-364-2875 | | |
| 631 Bluff Street | | | | | |
| | | | | | |
| Location | Hours of Operation | | Phone | | |
| BELOIT MEMORIAL HOSPITAL | Monday - Sunday | 7:00 am - 8:00 pm | | | |
| 1969 West Hart Road | Main Lobby | | | | |
| | | | | | |
| Location | Hours of Operation | | Phone | | |
| BELOIT PUBLIC LIBRARY | Monday - Thursday | 9:30 am - 9:00 pm | 608-364-2905 | | |
| 605 Eclipse Blvd. | Friday - Saturday | 9:30 am - 5:30 pm | | | |

| Location | Hours of Operation | | Phone |
|------------------|--------------------|-------------------|--------------|
| SALVATION ARMY | Monday - Friday | 9:00 am - 4:00 pm | 608-362-6755 |
| 628 Broad Street | | | 608-365-6572 |

| CLINTON | | | |
|------------------------|--------------------|-------------------|--------------|
| Location | Hours of (| Operation | Phone |
| CLINTON PUBLIC LIBRARY | Monday & Friday | 8:30 am - 5:00 pm | 608-676-5569 |
| 214 Mill Street | Tuesday - Thursday | 8:30 am - 7:30 pm | |
| | Saturday | 8:30 am - 1:30 pm | |

| Location | Hours of Operation | | Phone |
|-----------------------|--------------------|--------------------|--------------|
| CLINTON SENIOR CENTER | Monday - Friday | 10:00 am - 2:30 pm | 608-676-4600 |
| 508 Front Street | | | |

| EDGERTON | | | | |
|-------------------------------------|-------------------|-------------------|--------------|--|
| Location | Hours of | Operation | Phone | |
| EDGERTON HOSPITAL & HEALTH SERVICES | Monday - Sunday | 7:00 am - 8:00 pm | | |
| 11101 North Sherman Road | ER Lobby | | | |
| | | | | |
| Location | Hours of | Operation | Phone | |
| EDGERTON PUBLIC LIBARARY | Monday - Thursday | 9:00 am - 8:00 pm | 608-884-4511 | |
| 101 Albion St. | Friday | 9:00 am - 5:00 pm | | |
| | Saturday | 9:00 am - 3:00 pm | | |

| EVANSVILLE | | | | |
|-------------------------------|-------------------|--------------------|--------------|--|
| Location | Hours of | Hours of Operation | | |
| CREEKSIDE PLACE COMMUNITY CTR | Monday - Thursday | 8:00 am - 3:00 pm | 608-882-0407 | |
| 102 Maple St. | Friday | 8:00 am - 12:00 pm | | |
| | | | | |
| Location | Hours of | Hours of Operation | | |
| EAGER FREE PUBLIC LIBRARY | Monday - Thursday | 9:30 am - 7:00 pm | 608-882-2260 | |
| 39 W. Main St. | Friday | 9:30 am - 6:00 pm | | |
| | Saturday | 9:30 am - 1:00 pm | | |

| | JANESVILLE | | |
|---------------------------------|-------------------|--------------------|-------------|
| Location | Hours of | Hours of Operation | |
| BLACKHAWK TECHNICAL COLLEGE | Monday - Thursday | 7:00 am - 10:00 pm | 608-758-690 |
| 6004 South County Highway G | Friday | 7:00 am - 5:00 pm | |
| | Saturday | 7:00 am - 4:00 pm | |
| Location | Hours of | Operation | Phone |
| GIFTS MENS RESOURCE CENTER | Monday - Friday | 8:00 am - 5:00 pm | 608-728-494 |
| | Worlday Triday | 0.00 am 0.00 pm | 000 720 404 |
| 1025 North Washington Street | | | |
| Location | Hours of | Operation | Phone |
| HEDBERG PUBLIC LIBRARY | Monday - Thursday | 9:00 am - 9:00 pm | 608-758-658 |
| 316 S. Main Street | Friday - Saturday | 9:00 am - 5:00 pm | |
| | Sunday | 1:00 pm - 5:00 pm | |
| | | | |
| Location | Hours of | Operation | Phone |
| JANESVILLE MALL | Monday - Saturday | 10:00 am - 9:00 pm | 608-752-784 |
| 2500 Milton Avenue | Sunday | 11:00 am - 6:00 pm | |
| Location | Hours of | Operation | Phone |
| JANESVILLE SENIOR CENTER | Monday - Friday | 8:00 am - 4:30 pm | 608-755-304 |
| 69 South Water Street | Worlday Triday | 0.00 am 4.00 pm | 000 700 004 |
| 05 Count Water Circle | <u> </u> | | |
| Location | Hours of | Operation | Phone |
| MERCY HEALTH SYSTEM - HOSPITAL | Monday - Sunday | 7:00 am - 8:00 pm | 608-756-600 |
| 1000 Mineral Point Avenue | ED Waiting Room | 8:00 pm - 7:00 am | |
| | _ | | |
| Location | Hours of | | Phone |
| ST MARY'S HOSPITAL - SSM HEALTH | Monday - Sunday | 7:00 am - 8:00 pm | 608-373-800 |
| 3400 E. Racine Street | Main Lobby | | |
| Location | Hours of | Operation | Phone |
| THE SALVATION ARMY | Monday - Friday | 9:00 am - 4:00 pm | 608-757-830 |
| 514 Sutherland Avenue | | | |

| MILTON | | | |
|---------------------|--------------------|-------------------|--------------|
| Location | Hours of Operation | | Phone |
| THE GATHERING PLACE | Monday - Friday | 8:00 am - 4:00 pm | 608-868-3500 |
| 715 Campus Street | | | |

| Location | Hours of Operation | | Phone |
|-----------------------|--------------------|--------------------|--------------|
| MILTON PUBLIC LIBRARY | Monday -Wednesday | 10:00 am - 8:00 pm | 608-868-7462 |
| 430 E. High St., #100 | Thursday - Friday | 10:00 am - 5:00 pm | |
| | Saturday | 10:00 am - 4:00 pm | |
| | Sunday | 1:00 pm - 4:00 pm | |

| ORFORDVILLE | | | |
|----------------------------|--------------------------|--------------------|--------------|
| Location | Hours of Operation Phone | | |
| ORFORDVILLE PUBLIC LIBRARY | Monday - Thursday | 11:00 am - 7:00 pm | 608-879-9229 |
| 519 E. Beloit Street | Friday | 11:00 am - 5:00 pm | |
| | Saturday | 9:00 am - 12:00 pm | |

| Location | Hours of Operation | | Phone |
|--|--------------------|-------------------|--------------|
| ORFORDVILLE VILLAGE HALL 303 E. Beloit Street | Monday - Friday | 7:00 am - 5:00 pm | 608-879-2004 |

| BRODHEAD | | | | |
|-------------------------|--------------------------|-------------------|--------------|--|
| Location | Hours of Operation Phone | | | |
| BRODHEAD PUBLIC LIBRARY | Monday - Thursday | 9:00 am - 7:00 pm | 608-897-4070 | |
| 1207 25th Street | Friday | 9:00 am - 7:00 pm | | |
| | Saturday | 9:00 am - 1:00 pm | | |

| Location | Hours of Operation | | Phone |
|--|--------------------|--------------------|--------------|
| BRODHEAD CITY HALL 1111 W. 2nd Avenue | Monday - Friday | 08:00 am - 4:30 pm | 608-897-4018 |

| Location | Hours of Operation | | Phone |
|---|--------------------|------------------|--------------|
| BRODHEAD POLICE DEPARTMENT 1004 W. Exchange Street | Monday-Sunday | 24 Hours - Lobby | 608-897-2112 |
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2019 Rock County Overnight Shelters BELOIT

| BELOIT | | | |
|----------------------|--------------------|--------------------|--------------|
| Location | Hours of Operation | | Phone |
| THE SPARROWS NEST | Monday - Sunday | After 5:00 pm only | 608-362-8215 |
| 1816 Harrison Avenue | | | |

| JANESVILLE | | | |
|---------------------------|--------------------|------------------|--------------|
| Location | Hours of Operation | | Phone |
| GIFTS MENS SHELTER | Monday - Sunday | Call to Register | 608-728-4941 |
| 1025 N. Washington Street | Intake by Appt | Call to Negister | |

| Location | Hours of Operation | | Phone |
|-----------------------------------|--------------------|---------------------|--------------|
| HOUSE OF MERCY | Monday - Sunday | Register by 6:00 pm | 608-754-0045 |
| 320 Lincoln Street | | | |
| Women, children and families only | | | |

AMERICAN RED CROSS - EMERGENCY SERVICES CONTACT:

Phone: (877) 618-6628

UNITED WAY - EMERGENCY SERVICES CONTACT: #211