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PARKS AND RECREATION DIVISION

FOR IMMEDIATE RELEASE

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## Grinnell Hall Offering Free Memory Screening Appointments

**Aug. 7, 2019** - Grinnell Hall and the Aging and Disability Resource Center of Rock County are offering appointments for free memory screening event on Wednesday, Aug. 14.

Appointment times are available beginning at 12:30 p.m.; each screening lasts 20 minutes.

Memory screens contribute to prevention and better treatments for dementia, similar to screens for blood pressure, cancer, diabetes or strokes. Some types of dementia are reversible, like those from nutritional and vitamin deficiencies, depression, thyroid issues and more. Dementias that are not reversible can often be treated with medications that could slow down the process and preserve quality of life for a longer period of time.

The memory screens provide immediate results for future comparison and to share with physicians.

Interested participants must pre-register and let Grinnell Hall know immediately if they have to cancel to allow someone else to take their spot. Please contact Grinnell Hall Senior Center to register at 608-364-2875. Grinnell Hall is located at 631 Bluff St., Beloit.

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