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**PARKS AND RECREATION DIVISION**

**FOR IMMEDIATE RELEASE**

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**MEDICARE 101 PRESENTATION**

**April 14, 2023** - Grinnell Hall and Rock County Aging and Disability Resource Center (ADRC) are offering a Medicare 101 presentation.

Want easy to understand answers to complex questions about Medicare? Join Lachel Fowler, Rock County Elder Benefit Specialist for a Medicare 101 presentation on Thursday, April 27 from 8:00-9:30am at Grinnell Hall Senior Center, 631 Bluff St.

By attending the presentation, participants will walk away with accurate and detailed information needed to make thoughtful choices. If you are turning age 64 this year, the Rock County ADRC wants to help you make informed choices about your Medicare options! The following topics will be discussed:

- Understand what Medicare is and isn't
- How to avoid penalties for late enrollment in Medicare
- How to get the most out of your health and prescription benefit plans

Some decisions and actions about Medicare can take place 3-6 months before turning 65. Don't wait until you are turning 65 to understand all you need to know about this important benefit.

For additional information call Grinnell Hall at 608-364-2875. Grinnell Hall is located at 631 Bluff St. Beloit, WI 53511.

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