

PARKS AND LEISURE SERVICES DIVISION

FOR IMMEDIATE RELEASE

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ROCK STEADY BOXING COMING TO BELOIT

Learn more at a free event on 6 p.m. Tuesday, Jan. 16, at Grinnell Hall Senior Center.

BELOIT, WI Jan. 4, 2018 – We are challenging Parkinson’s disease in Rock County this year, thanks to a new program called Rock Steady Boxing.

Join us on at **6 p.m. Tuesday, Jan. 16, at Rotary River Center, 1160 Riverside Drive in Beloit.** Beloit Leisure Services and Grinnell Hall are rolling out a new **Rock Steady Boxing Program** here in Beloit. Hear from local resident Tim Scholten as he talks about his battle with Parkinson’s and from Rock Steady Coach, Doug Anderson. Rock Steady classes begin in February in Beloit.

Rock Steady Boxing is a non-profit organization designed to help people with Parkinson’s disease improve their quality of life. Attend this **FREE** program and find out how Rock Steady can change your life. Please pre-register for the program by calling Grinnell Hall at 608-364-2875.