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PARKS AND RECREATION DIVISION

FOR IMMEDIATE RELEASE

For more information contact:

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## Celebrate International Day of Happiness at Grinnell Hall

March 6, 2019 - Celebrate International Day of Happiness at Grinnell Hall Senior Center with Janesville author Rita Beck as she shares her insight about celebrating life and turning ordinary days into extraordinary days of laughter, positivity and inspiration.

Join us for this free event at Grinnell Hall Senior Center from 1-2 p.m. Wednesday, March 20, at 631 Bluff St.

Beck will also perform some stand-up comedic readings from her book “33 Annual Wild and Wacky Holiday-ish Occasions.” The book delves into the meanings and origins of each day and provides fun and creative ways people like to celebrate or commemorate them.

For questions or to register, call Grinnell Hall Senior Center at 608-364-2875.

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