

PUBLIC WORKS DEPARTMENT

FOR IMMEDIATE RELEASE

For more information, contact:

Paula Schutt, Recreation Coordinator

schuttp@beloitwi.gov or (608) 364-2890

Beloit Parks and Recreation Hosts Boxing Night Event for Physical Therapists

March 6, 2019 - Physical therapists are invited to an exclusive Rock Steady Boxing event to discover how the Rock Steady Boxing program can bring hope to their clients with Parkinson's disease.

The free event will be from 5:30-7 p.m. Wednesday, March 20, 2019, at the Big Hill Center, 1201 Big Hill Court, Beloit. Physical therapists are asked to RSVP to Paula Schutt, Recreation Coordinator, at 608-751-3327 (text messages welcome) or schuttp@beloitwi.gov.

The mission of Rock Steady Boxing is to empower people with Parkinson's disease to fight back. Rock Steady Boxing is held each Tuesday and Thursday from 5:30-7 p.m. at the Big Hill Center.

“Parkinson's disease is a chronic and progressive movement disorder that occurs when certain neurons, nerve cells in an area of the brain called the substantia nigra, become impaired or die,” Schutt said. “There are one million people in the United States with Parkinson's. There is no cure for this disease, but it has been found that regular exercise can help improve the symptoms.”