

Power of 50 Plus

A Publication of the City of Beloit Senior Activity Center
Open to both Wisconsin and Illinois residents.

January 2023

The Mission of the Beloit Senior Center is to strive to fulfill the diverse interests and needs of mature adults, enrich their quality of life, maintain their independence and offer educational and volunteer opportunities.



Grinnell Hall
Senior Activity
Center
631 Bluff Street,
Beloit, WI 53511
608-364-2875

Hours
7:30am-4:00pm

Debbie Kraus
Senior Center Manager
krausd@beloitwi.gov



**New Year
Celebration**
Wednesday, January 4
1:00-2:30pm

Did you know that January is National Polka month? Join us for fun and dancing with Mike Schneider playing polka tunes on his accordion! Don't know how to polka? It doesn't matter, someone will help you out or do your own dance.

Light refreshments will be served!
Party hats and noise makers will be available and fun photo opportunity!

*We will give a "toast" to a great 2023
Come join in on the fun!*

Open to members and their guests. Please pre-register so we have enough supplies.



Beloit...Present Meets Past
Monday, January 9 1:00pm

Your hosts Mark Preuschl and Rod Gottfredsen invite you to an afternoon of reminiscing Beloit with large screen photo journalism. Using photo shots of well known buildings, landmarks and businesses in and around Beloit, they will share with you how they look today and how they looked in the past.

Light refreshments will be served.

Open to everyone.
Questions are welcome and we ask that you register for the program.



Advisory Board of Grinnell Senior Center

Pam Curatolo - Chair Larry White - Vice Chair, Bill Tierney - Secretary, Sherry Westbrook- Treasurer
Margaret Alexander, Tom Trichinotis, Peggy Wellnitz, Pearl Friedley, Lois Engen

**Volunteer spotlight
Phyllis Olmstead**



Phyllis has been line dancing for some time and recently began leading the class. She loves to dance and she says it's always enjoyable to share her knowledge and skills with others. "And it's a great way to exercise without realizing it. When she started line dancing Phyllis had a lot of extra weight and couldn't get through a whole dance." She has since taken that weight off and can now dance for over two hours straight. She receives satisfaction from leading the class as it cheers others up and makes them feel good about themselves. She also volunteers at her church and would encourage others to volunteer and share their talents. Thank you Phyllis for sharing your talents at Grinnell and in the community.



- | | |
|--------------------|---------------------|
| Sandra Adamsky | John Larson |
| Janice Albright | Norman Larson |
| Marvin Bausman | Isabelle Lee |
| Mary Brown | Maribeth Lindstrand |
| Sandra Chamberlin | Ellen Listing |
| Patricia Clark | Kathleen Loescher |
| Lois Engen | Marilyn Massa |
| Valerie Fjalstad | Murphy- |
| Mary Frey | Barbara Fletcher |
| Marilyn Fruzen | Tom O'Brien |
| Francis Fruzen | Harold Pann |
| Sherril Gilbertson | Ronald Patten |
| Larry Gill | Jeannie Rippl |
| Kay Hafley | Jean Schrader |
| Mary Hutchins | Stasia Statum |
| Michael Johnson | Eunice Steinke |
| Patricia Jolly | Nancy Vance |
| Pamela Joy | Jeanne Wales |
| Betty Kearns | Gary Weinkauf |
| Michael Keenan | Randall Westbrook |
| Elizabeth Kitzman | Joyce Williams |
| | Debra Young |

Hello Grinnellers!

What a great Holiday Program! Thank you to all the performers you did so well! So many came out and thank you as you can't have a performance without an audience. I was worried the weather was going to keep many away but it did not! I hope you will attend the New Year Bash, Beloit Present Meets Past and Beloit International Film Festival Presentation as they will be fun, interactive and educational. We are also working with the YMCA and promoting Beloit Health System presentations on dizziness, balance & hearing and blood pressure. It is great information and a way to get some questions you have answered. A great "Grinnell Cares" drive for the Caritas Food Pantry - 230 cans and packages ranging from fruit, canned meats and personal items. Thank you to those who were able to donate. As 2022 ends let's reflect on the positive - how you helped others and how others were kind to you, even the little things. 2023 brings new opportunities - make new friends, do something new, challenge yourself with little steps that make a difference. Remember to continue to smile and say hello to individuals, it makes a difference every time. Debbie Kraus, Senior Center Manager

Thank You For Your Donations

- Marilyn Fruzen,
Kathy Pann,
Judy Cufur,
Charlene Lund,
Peggy Wellnitz,
Carol Logan,
Norma Green,
Eunice Steinke,
Donna Messer,
Lois Engen

In Loving Memory

Bob Norder
7/4/1930-11/25/2022

Bill Reinert
3/1/1929-11/30/2022

Charlotte Armstrong
4/11/1931-12/10/2022



HOLIDAY BAZAAR DONATIONS

Peggy Wellnitz, Linda Smith, Jacqueline Hefferman, George Besum, Nancy Vance, Linda Swanson, Lola Nelson, Debra Young, Phyllis Agate, Gretchen Ruzek, Carol Larsen, Cindy Keller, Diane Chasser, Deb Marvin, Myra Frank, Sherry Westbrook, Bev Bliss, Bobbie Pann, Joanne Martin, Anne Bua-Demus, Pamela Joy, Beth Bausman, Barb Hopper, Betty Kearns, Nicole Yost, Theresa Jones, Linda Swanson, Linda Kuhnle, Marliyn Kasten, LeaAnn Mattox

HOLIDAY BAZAAR VOLUNTEERS

LeaAnn Mattox, Geri Heim, Vicki Dansbury, Linda Smith, Karen White, Sherry Westbrook, Opal Vance, Marci Stenberg, Kay Olmstead, Gretchen Ruzek, Beth Bausman, Deb Marvin, Rose Ackley, Bev Bliss, Linda Martin, Beth Thompson

We had a great turnout for the Holiday Bazaar and raised over \$1,400! Did you know that there are 324 children and youth experiencing homelessness this school year? Part of the funds, \$200, was given to the Beloit Learning Academy to help homeless families for grocery gift cards.

Other uses are for activities, performers and items needed at Grinnell Hall. If you have a suggestion please write it down and give to a volunteer at the front desk. Include name and phone number. If I missed anyone please let us know and my apologies - Debbie.

Thank you everyone!!



ROCK STEADY BOXING

Rock Steady Boxing started back up at Big Hill Center in Big Hill Park– 1201 Big Hill Court Beloit. SOL Fitness and the City of Beloit are offering this program on Tuesday and Thursday evenings at 5:30pm. The class was designed for those with Parkinson's but has proven benefits for all! In addition to the power and benefits of boxing, the class works on strength and flexibility, balance, cognitive drills and so many more skills required for active daily living. Participants are various ages and work to their capacity and ability.

The program has a limit of 6 participants per evening class due to the COVID restrictions. Registration is a must and safety protocols will be enforced. We invite interested individuals to come and observe a class. If you join, gloves must be purchased. We offer reasonably priced gloves if you don't have any.

The cost is \$10 per class or purchase a punch card \$100 for 11 classes. Please contact Connie Udell at 608-302-7088 or connieudell1@gmail.com for information on this special and with any other questions about Rock Steady Boxing. Rock Steady is non-contact as you do not box against another person.

If you are curious on the program and more of its benefits check out www.rocksteadyboxing.org.

Janesville Area Parkinson's Support Group Please contact Connie Udall 608-302-7088 Connieudell1@gmail.com. They meet the first Wednesday of each month at 2:00pm at Oak Park Place, 700 Myrtle Way Janesville. Check out their Facebook "Parkinson's Support of Rock County" You are not alone, there is help!

All in the Family Tuesday, January 10 at 1:00pm

Teresa and Ella will bring out your creativity and share with you how to make some beautiful cards.

You will also make a card or two to take home.

What is All In the Family? It is a group of "strangers" coming together to become "good" friends and a support group for all. Come and join us, "you are only a stranger the first time". A comment from one of the Participants: "This group of wonderful people came into my life just in time. I had lost my husband and felt lonely and was in a dark place. This group of friends literally saved my life." Remember you can never have too many friends. We are working on getting to know each other and building friendships with each other and creating our own "family" right here at Grinnell. There are many reasons people might not have family around - widows or widowers, never had kids, siblings not in the area, etc. Don't be shy - you will be glad you joined us. Please register by calling Grinnell at 608-364-2875.

Chair Massage Tuesdays, January 10 & 24

We have received many positive comments about Certified Massage Therapist Alicia Jenski and how participants felt after their massage. Appointments begin at 12:00pm. Treat yourself to a relaxing and rejuvenating chair massage, it will make your day. A 15 minute chair massage is just \$12.00 for members and \$15.00 for non-members. Call to pre-register. Please pay by cash on the day of your appointment.

Joyful Toes & Feet (Toenail Care)

January 17, February 21, March 21 by appointment only 9:00am-2:00pm

Registered nurse Deb Scullin has been providing toenail care for seniors for four years. She is also a certified Diabetes Educator for six years and retired from Fort Health Care. The foot clinic will include soaking feet in warm water, rinse and dry, clip and file and lotion massage. **Please note there will not be any nail dremmeling. Appointments are set in advance and are open to members and non-members due to the necessity of toenail care for healthy toes and feet.** Each appointment is 20-30 minutes. Although there cannot be social distancing while completing the toenail care, every precaution will be taken. **Please bring your own towel.** There is a \$20 fee to be paid the day of your appointment. Payment is by cash only. You will be required to sign a waiver on the day of your first appointment. We have received many positive comments on Deb's care and education she provides to all who have participated.

WE APOLOGIZE BUT BLOOD PRESSURE AND SUGAR SCREENING IS NOT AVAILABLE UNTIL FURTHER NOTICE

Alterations

Jo Ellen is offering her services. Give us a call to drop off your items at Grinnell Hall. Include your name, what you would like to have done and a phone number where she can reach you. Jo Ellen will call to let you know that your item is done and how much you owe her. Payment is due when you pick up your items.

Jewelry Repair

Drop off your items and list what you need to have done with them. Please have items in a plastic baggie or some sort of bag with your name and phone number in the bag.



Elder Benefit Specialist

Lachel Fowler, Rock County Benefit Specialist.

The Benefit Specialist Program is a federal and state mandated advocacy program. Benefit Specialists are trained in the areas of benefit and entitlement programs as well as other issues. Lachel works with Rock County residents 60 and over regardless of financial status. Please call 608-757-5414 for additional information.

**LACHEL WILL BE AT GRINNELL HALL
THURSDAY, JANUARY 12 8AM-12PM
THURSDAY, JANUARY 26 8AM-12PM**

Watch Battery Replacement

With extra time on your hands did you do some cleaning and find a watch that needs a battery? Please have your items in a plastic baggie or some sort of bag with your name and phone number on. Payment, is due upon pick up. It may take some time to return your items.

BINGO LIVE!**Wednesday, January 18 2:00-3:30pm**

Join us as we play some regular bingo with great prizes. There is no cost for bingo. Prizes will vary. Open to everyone so bring a friend and give a call to register.

Beloit Winterfest Bingo***Friday, January 27 10:00-11:15am***

Special games and prizes! Open to members and guests of all ages. There is no cost. Please pre-register by calling 608-364-2875 or stop at the front desk.

Share your Talent and Compassion

Would you like to make an impression on a young child? Then this is for you. Hackett School is searching for volunteers. Children need assistance with reading, mentoring and more. Times are between 8:00am-2:30 pm and you will not be there the whole day or every day, you schedule your hours. If you would like to be a lunch buddy lunch is between 10:30am-12:45pm and the child's grade would determine the time. Volunteer forms are available online <https://www.sdb.k12.wi.us/domain/1125>. We will also work with Retired Senior Volunteer Program so your volunteer hours will assist them with grant submissions.

**Beloit International Film Festival Presentation
Wednesday, February 1st 1:00-3:00pm**

Greg Gerard, Executive Director of the Beloit International Film Festival (BIFF), will be at Grinnell to share information on BIFF's history, news about the upcoming 2023 festival and showing several films (Titles are To Be Determined), followed by a discussion of each film. The films are not long but very interesting and there are a variety of subjects. Mr. Gerard will also provide guests with information about volunteer opportunities for the 2023 festival, which runs from February 24 thru March 5. Light refreshments will be served. Open to everyone. Please call to register.



Why should you “Know Your Local Government”?

Local government affects your day-to-day life and quality of life.

Decisions by the school board, for example, impact the quality of education that your child receives. Decisions by the city have ramifications for policing and public safety, the state of the roads and intersections, and the quality of neighborhood parks.

It is easiest to affect change at the local level.

As a resident, you can meet with and make an appeal to your elected officials, or provide feedback on an issue being discussed at a city council meeting. In small cities and towns, it can be easier to have your voice heard.

Local government decisions impact your pocketbook.

If you're a property owner, you pay for local government through your property tax bill. Of course, local governments also collect revenue from residents through fees, utility bills, etc.

Presentations are presented by Beloit Public Library and Stateline Community Foundation.

Presentations are held at the Beloit Public Library (608) 364-2905) and is free and open to the public. The first 25 to register receive a free lunch, courtesy of Stateline Community Foundation. Register at

www.beloitlibrary.org/how-do-i/register-for-a-program/

**Rock County - Sherry Oja
Wednesday, January 25 12:00-1:00pm**

**School District of Beloit – Wendy LaPointe
Wednesday, February 22 12:00-1:00pm**

Join Beloit Health System providers at Stateline Family YMCA as they share information on healthy living and disease prevention! This lecture series is open to the whole community! No need to register. For information call 608-365-2261



STATELINE FAMILY YMCA
IRONWORKS BRANCH
501 Third St.
Beloit, WI




MARK YOUR CALENDAR

JAN 19 Dr. Zachary Zimmerman
ENT/Facial Plastics
**TOPIC: DIZZINESS,
BALANCE & HEARING**
12:00pm-1:00pm



FEB 16 Dr. Joshua Frederick
Family Medicine
**TOPIC: BLOOD
PRESSURE**
12:00pm-1:00pm



statelineymca.org

GET HEALTHY WITH
EAT SMART, MOVE MORE,
WEIGH LESS ONLINE



EAT SMART, MOVE MORE, WEIGH LESS

A weight management program that works because it is not a diet, it's a lifestyle. This 15 week on-line series will begin soon. All weekly classes are conducted online by a live instructor, fostering interaction between the instructor and all participants. Participants can conveniently attend classes from home or office using a computer or mobile device. ADRC of Rock County covers the majority of the cost. Suggested donation is \$25. Register by December 30 and the suggested donation will be reduced to \$10. Please contact Lisa Messer at lisa.messer@co.rock.wi.us or 608-757-5309. Go to www.esmmweighless.com to view class times for the upcoming series beginning soon. All participants must be over 60 years of age and live in Rock County.

EAT SMART, MOVE MORE, PREVENT DIABETES



Eat Smart, Move More, Prevent Diabetes is a wellness initiative to assist you to prevent diabetes and a new 12 month on-line series begins in January. Attend live, interactive classes online from your computer or mobile device. Receive weekly support from your instructor, a trained lifestyle coach. Connect with others working on the same goals as you. Learn ways to manage stress, overcome barriers to healthy eating and physical activity. ADRC of Rock County covers the majority of the cost. Suggested donation is \$45. Register by December 30 and the suggested donation will be reduced to \$25.

Please contact Lisa Messer at lisa.messer@co.rock.wi.us or 608-757-5309. Go to www.esmmpreventdiabetes.com to see if you are eligible for the program, view class times and register for an upcoming class. All participants must be over 60 years of age and live in Rock County.

AARP Tax Preparation

Appointments are required.

We are fortunate to be working cooperatively with AARP to offer 2022 tax preparation.

We will start accepting phone calls for appointments Wednesday, January 18 between 8:00am-3:30pm.

Please provide us with your name(s), cell phone number and address.

Appointments will be Monday, Tuesday and Wednesday beginning Monday, February 6 through Wednesday, April 5, every 20 minutes starting at 8:20 am until 11:20 am.

For individuals who have Brokerage Statements, appointments should be made for March or later.

Prior to your appointment you will be required to complete an Intake Form. You can receive an Intake Form by stopping by Grinnell Hall M-F 8:00am-3:30pm (please call first) or you can request one be mailed to you.

Please bring the following on your appointment. It would be helpful if these items were in a large envelope.

2021 tax return	Photo ID
Social Security Card	All 1099 statements
W-2 form	Other evidence of income (bank interest, etc.)
Health Insurance Premium costs	Rent certificate or property tax bill
Other deductible items	Completed Intake Form
Social Security statement with the pink box if applicable	

We will attempt to finish your tax return within an hour so that you will not need a second appointment. If we find that we will be unable to finish the return on that day, a second appointment will be made.

Please do not bring any other family members unless required and inform us of the reason why they need to accompany you. Please note that all taxes are filed electronically. Copies will be provided to you.

AARP tax services are free of charge.

Please note that AARP, Grinnell Hall and the City of Beloit reserve the right to cancel or re-schedule appointments or change the process.

January 2023 Calendar of Activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 CLOSED HAPPY NEW YEAR</p> 	<p>3 7:30 Billiards 9:30 Line Dancing Beginners 10:00 Line Dancing 12:30 Cribbage 12:30 Bridge (closed) 1:00 Bridge/Lynch</p>	<p>4 7:30 Billiards 8:30 Morning Stretch 9:45 Easy Stretch Yoga 10:00 Chicks with Sticks 1:00 Mahjong 1:00 New Year Celebration</p>	<p>5 7:30 Billiards 8:00 Open Sewing Lab 9:00 Advisory Board 9:00 Hand & Foot Cards 9:30 Line Dancing 12:30 Euchre</p>	<p>6 7:30 Billiards 9:30 Stretch and Walking on your own 10:00 Movie 12:30 Mexican Train</p>
<p>9 7:30 Billiards 8:30 Chair Exercise 9:00 Paper Crafting 12:30 Game Day 1:00 Beloit Present Meets Past</p>	<p>10 7:30 Billiards 9:30 Line Dancing Beginners 10:00 Line Dancing 12:00 Chair Massage 12:30 Cribbage 1:00 Bridge/Lynch 1:00 All in the Family</p>	<p>11 7:30 Billiards 8:30 Morning Stretch 9:45 Easy Stretch Yoga 10:00 Chicks with Sticks 1:00 Mahjong 1:00 Theater Group</p>	<p>12 7:30 Billiards 8:00 Open Sewing Lab 8:00-12:00 Benefit Specialist 9:00 Hand & Foot Cards 9:30 Line Dancing 12:30 Euchre</p>	<p>13 7:30 Billiards 9:30 Stretch and Walking on your own 12:30 Mexican Train 12:30 Bridge (closed)</p>
<p>16 CLOSED IN HONOR OF MARTIN LUTHER KING</p> 	<p>17 Toenail Care 9a-2p 7:30 Billiards 9:30 Line Dancing Beginners 10:00 Line Dancing 12:30 Cribbage 12:30 Saint Judes Bridge (closed) 1:00 Bridge/Lynch</p>	<p>18 7:30 Billiards 8:30 Morning Stretch 9:45 Easy Stretch Yoga 10:00 Chicks with Sticks 1:00 Mahjong 1:00 Theater Group 2:00 Bingo Live</p>	<p>19 7:30 Billiards 8:00 Open Sewing Lab 9:00 Hand & Foot Cards 9:30 Line Dancing 12:30 Euchre 1:00 What the Tech 1:00 RSVP Meeting</p>	<p>20 7:30 Billiards 9:30 Stretch and Walking on your own 12:30 Mexican Train</p>
<p>23 7:30 Billiards 8:30 Chair Exercise 9:00 Bridge (closed) 9:00 Paper Crafting 12:30 Game Day</p>	<p>24 7:30 Billiards 9:30 Line Dancing Beginner 10:00 Line Dancing 12:00 Chair Massage 12:30 Cribbage 1:00 Bridge/Lynch</p>	<p>25 7:30 Billiards 8:30 Morning Stretch 9:45 Easy Stretch Yoga 10:00 Chicks with Sticks 1:00 Mahjong 1:00 Theater Group</p>	<p>26 7:30 Billiards 8:00 Open Sewing Lab 8:00-12:00 Benefit Specialist 9:00 Hand & Foot Cards 9:30 Line Dancing 12:30 Euchre</p>	<p>27 7:30 Billiards 9:30 Stretch and Walking on your own 10:00 Winterfest Bingo 12:30 Mexican Train</p>
<p>30 7:30 Billiards 8:30 Chair Exercise 9:00 Paper Crafting 12:30 Game Day 1:00 Book Club</p>	<p>31 7:30 Billiards 9:30 Line Dancing Beginner 10:00 Line Dancing 12:30 Cribbage 12:30 Bridge (closed) 1:00 Bridge/Lynch</p>	<p>“Do your little bit of good where you are; it is those little bits of good put together that overwhelm the world” Desmond Tutu, Religious Leader and Activist</p>	<p>Please note there is no Ukulele in January and February</p>	<p>Please note there is no Friday Stretch or Tai Chi in January and February</p>

Rock County Nutrition 608-757-5474

LUNCHES SERVED IN PERSON ONLY AT 11:30AM

Eligibility: Any person age 60 or older regardless of income, residency and spouse of any age.

Dining Centers: Reservations are required and must be made no later than noon of the prior business day. **Home Delivered:** Must also be homebound.

Suggested donation: \$4.00 All donations are appreciated.

Funding provided by Title III (Older Americans Act) and donations.

Rock County COA is an equal opportunity provider.

No eligible person will be denied a meal because of inability to make a donation.

January 2023

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 CLOSED NO MEALS TODAY</p> 	<p>3 Ham and Bean Stew Green Beans Whole Wheat Bread Warm Spiced Pears Yogurt</p>	<p>4 Broccoli Quiche Asparagus Red Potatoes Cottage Cheese Orange Juice Cinnamon Raisin Bread</p>	<p>5 <i>Chocolate Milk</i> Ranch Chicken Whole Wheat Bun Peas Carrots Banana</p>	<p>6 Roast Beef w/Gravy Cooked Spinach Beets Whole Wheat Bread Mandarin Oranges Fudgy Fiber Brownie</p>
<p>9 Baked Cod California Blend Veg. Red Potatoes Rye Bread Pineapple Lemon Bar</p>	<p>10 Chicken and Rice Broccoli Carrots Apple Slices Peanut Butter Pudding</p>	<p>11 <i>Chocolate Milk</i> Salisbury Steak Stewed Tomatoes Mediterranean Beans Whole Wheat Bread Fruited Applesauce</p>	<p>12 Cheesy Mashed Potatoes w/Ham Peas and Carrots Whole Wheat Bread Warm Spiced Pears</p>	<p>13 Meatloaf Winter Squash Mixed Vegetables Whole Wheat Bread Banana</p>
<p>16 CLOSED NO MEALS TODAY</p> 	<p>17 <i>Chocolate Milk</i> Ham Slices Peas Winter Squash Whole Wheat Bread Pineapple Oatmeal Cookie</p>	<p>18 Chicken Breast Rice Pilaf Corn Casserole San Fran Blend Vegetables Fruited Applesauce</p>	<p>19 Hamburger Patty Whole Wheat Bun Beets Broccoli Salad Warm Spiced Pears</p>	<p>20 Chili Carrots Cauliflower Whole Wheat Bread Light Yogurt Strawberries</p>
<p>23 <i>Chocolate Milk</i> Chicken Parmesan Peas Winter Squash Whole Wheat Bread Pumpkin Bar</p>	<p>24 Hot Pork Hamburger Bun Cheesy Potato Casserole Cooked Cabbage Applesauce Vanilla Pudding</p>	<p>25 Sloppy Joe Whole Wheat Bun Winter Blend Veg. Baked Beans Pineapple</p>	<p>26 Chicken Fajita Casserole Cauliflower Stewed Tomatoes Mandarin Oranges</p>	<p>27 Spaghetti w/ Meatballs Romaine Salad Dressing Broccoli Warm Fruit Salad</p>
<p>30 Tuna Casserole Carrots Winter Blend Strawberries Light Yogurt</p>	<p>31 <i>Chocolate Milk</i> BBQ Chicken Breast Baked Bean Medley Cole Slaw Whole Wheat Bread Warm Mixed Fruit</p>			<p>Rock County Nutrition Program cannot assume any liability for adverse reactions to food consumed.</p>



Movie Matinee “Hearts Beat Loud” Friday, January 6 10:00am

As Brooklynite Frank Fisher is getting ready to send his daughter Sam, off to college on the West Coast, he can't quite seem to let go of her. Knowing that the two share a love of music, Frank comes up with a ploy to keep Sam from leaving the nest.

Cast: Nick Offerman, Kiersey Clemons, Ted Danson, Sasha Lane, Blythe Danner, Toni Collette, Alex Reznik, Harrison Chad

Book Club The Seven Husbands of Evelyn Hugo Monday, January 30 1:00-2:00pm

Aging and reclusive Hollywood movie icon Evelyn Hugo is finally ready to tell the truth about her glamorous and scandalous life. But when she chooses unknown magazine reporter Monique Grant for the job, no one is more astounded than Monique herself. Why her? Why now?

Monique is not exactly on top of the world. Her husband has left her, and her professional life is going nowhere. Regardless of why Evelyn has selected her to write her biography, Monique is determined to use this opportunity to jumpstart her career.

Summoned to Evelyn's luxurious apartment, Monique listens in fascination as the actress tells her story. From making her way to Los Angeles in the 1950s to her decision to leave show business in the '80s, and, of course, the seven husbands along the way, Evelyn unspools a tale of ruthless ambition, unexpected friendship, and a great forbidden love. Monique begins to feel a very real connection to the legendary star, but as Evelyn's story near its conclusion, it becomes clear that her life intersects with Monique's own in tragic and irreversible ways.



The Power of 50 Plus

A Publication of the City of Beloit Senior Activity Center

City of Beloit
Grinnell Hall Senior Activity Center
631 Bluff St.
Beloit, WI 53511
Phone: 608-364-2875
Email: krausd@beloitwi.gov
Website: www.beloitwi.gov



WASC
Wisconsin Association of Senior Centers



National Council on Aging



UPCOMING 2023 TRIPS SAVE THE DATES

Dubuque, Iowa Progressive lunch and historical sites Thursday, May 18
Fire & Rain, White Pines Thursday, June 15
Brewers-Cubs Thursday, July 6
Margaritaville, Circa 21 Wednesday, September 6
Ring of Fire, Drury Lane Thursday, September 28
Titanic the Musical, Fireside Thursday, October 26

More information in the February newsletter.
Please note dates and trips may change.

Grinnell Hall 2023 Membership Drive

It's membership renewal time and we will begin taking memberships at any time.

Membership is for January-December 2023 and prices will remain the same!

Single Membership \$25 Couple Membership \$40

Membership is open to anyone age 50 and older and you do not need to be a resident of Beloit.

If you have already renewed you will receive 3 tickets. Renew in January and receive 2 tickets

Renew between February 1-10 and receive 1 ticket

Recruit a new member on or by February 10 and receive 10 additional tickets!

Front desk staff will track how many tickets you earn and we will begin distribution on February 6.

Prize bags will be displayed on February 6 in the Dining Room.

You put your ticket in the prize bag you would like to have a chance to win.

Drawing will be held Friday, February 10 at 12:00pm. You do not need to be present to win.

If you are in need of financial assistance, please visit with Debbie or Becky.